

APRIL 2024

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8 Hot Breakfast Fruit/Milk/Juice ***** Mac & Cheese Roll Veggies Fruit	9 Cereal, Toast Fruit/Milk/Juice ***** Teriyaki beef dippers Rice Peppers Onions Fruit	10 Sausage/Egg/Cheese Cougar Muffin Fruit/Milk/Juice ***** Pizza Salad Veggies Fruit	11 Cereal, Toast Fruit/Milk/Juice ***** Cheeseburger/ Hamburger Fries Beans Fruit	12 Cereal, Pastry Fruit/Milk/Juice ***** Chicken nuggets Tots Carrots Broccoli Fruit
15 Hot Breakfast Fruit/Milk/Juice ***** Marinara/Chicken Alfredo Garlic bread Peas Corn Fruit	16 Cereal, Toast Fruit/Milk/Juice ***** Beef nachos Beans Veggies Fruit	17 Sausage/Egg/Cheese Cougar Muffin Fruit/Milk/Juice ***** Pizza Salad Veggies Fruit	18 Cereal, Toast Fruit/Milk/Juice ***** Grilled cheese Tomato soup Veggies Roll Fruit	19 Cereal, Pastry Fruit/Milk/Juice ***** Corn dog Tots Veggies Fruit
22 Hot Breakfast Fruit/Milk/Juice ***** Chicken on a bun Fries Salad Fruit	23 Cereal, Toast Fruit/Milk/Juice ***** Hot dog Tots Veggies Fruit	24 Sausage/Egg/Cheese Cougar Muffin Fruit/Milk/Juice ***** Pizza Salad Veggies Fruit	25 Cereal, Toast Fruit/Milk/Juice ***** Chicken tenders Mashed potatoes Veggies Fruit	26 Cereal, Pastry Fruit/Milk/Juice ***** Turkey & cheese hoagie Chips Cheese stick Veggies Fruit
29 Hot Breakfast Fruit/Milk/Juice ***** Pasta with meatballs & marinara Garlic bread Veggies Fruit	30 Cereal, Toast Fruit/Milk/Juice ***** Beef burrito Santa Fe beans Veggies Fruit			

Program benefits and services are available to all children without regard to race, color, sex, handicap, or national origin.

****Our menu follows USDA Guidelines****

Breakfast: \$1.85 (Includes Juice & Milk)

Lunch: (Includes milk) Grades K-5: \$3.00 Grades 6-8: \$3.25 Milk/Chocolate Milk 50¢

Any and all inquiries on menu ideas/items can be emailed to pseaman@conway.k12.wa.us

Menu subject to change without notice due to inventory/delivery issues